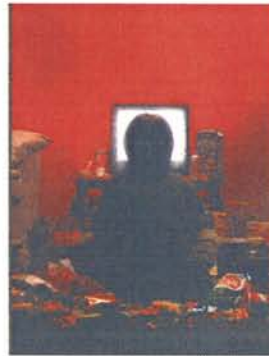


NO CHILD LEFT ON THEIR BEHIND RURAL COMMUNITY PROJECT

Promotes more walking and less sitting in the Deshler, Diller, Exeter, Wilber, and Wymore

Childhood obesity rates have tripled in the last 30 years!



This year the average child will spend more time sitting watching TV than in school!

Dear Parent(s):

As parents, there's nothing you want more than for your children to be healthy and safe throughout childhood . . . and into adulthood.

Safe Routes Nebraska and Public Health Solutions (PHS) Health Department are committed to helping you instill walking and biking habits in your children and keeping them safe while doing it! PHS Health Department developed the program "NO CHILD LEFT ON THEIR BEHIND" for your community and Safe Routes Nebraska is providing funding for implementation.

Please take time to complete the attached survey. Your feedback is tremendously important to this project. Parent responses are needed for successful implementation of this walk/bike safety program. Responses will be kept confidential and neither your name nor your child's name will be associated with any results.

After completing the survey, please send it back to school this week with your child and ask your child give it to his/her teacher. If you have any questions or comments, feel free to contact Diane Epp at Public Health Solutions District Health Department at 1-888-826-3880 or diane@phsneb.org.

Thank you for your time and assistance with this project.

Diane Epp
Health and Wellness Program Coordinator